Vocational Technical High School



Alessandro Casagrande

Federico Cesi

Terni

P2P



Peer Tutoring Project













"Be the change you wish to see in the world"

(Mahatma Gandhi)

Although it may seem difficult, it's just from us teens the will to fight should start, the NEED to make the world we live better. To do this, we need to start just from the little things which, in the end, are the ones that make the big differences. Elena IIS "Casagrande Cesi"

The quotation chosen by Elena sums up the sense of this project, but the wish to be promoters of change is an aspiration ascribed to few young people. The world of teenagers is negatively characterized by worrying forms of youth unrest: vandalism, bullying, nicotinism, early alcoholism, internet-addiction, cyber-bullying...

te ai fatti, di fronte allo

Esplode la violenza dei mino phenomenon: there are at least 300 lice: Youth crimes not to be red

Baby gangs phenomenon: there are at least 300

bulls. The police: Youth crimes not to be

underestimated

Si abbassa l'età media dei primi "tiri"

TERNI CORRIE

According to the police, there would be at least 300 little criminals busy bossying around in town. One sadly known band is "The ones of the street" who meet at McDonalds'. There are also other bands in the suburbs of Boirgo Bovio, Cospea, San Valentino, il Duomo. They are often multi-ethnical bands. Youths from Terni and foreign ones join to boss and bully peers...





2013. Novara. Carolina, a cyber-bullying victim commits suicide at 14. 8 peers under investigation. A teenager out of five, aged 13 to 16, is victim of heavy bullying through social networks.



but also by generalized bad manners and lack of ecologic awareness, manifestations of lack of respect for common things, the others,





What's behind this behaviour?

Lack of awarenes of the relation between cause and effect

Evaluation of the consequences of one's own actions:

What do they produce?

I break a bench, launch a stone from an overbridge, I beat up a peer in the disco because I get bored... like in a videogame, where I can go back with a clic.



clic:

the bench is broken, I have hurt a person, who will never forget it.

"I didn't mean that" the majority says "I didn't realize what I was doing..."



Words are stones

Who do my actions affect?

My words have inflicted a wound to a friend I have lost... to a potential ally, who will now be my enemy...



Do I give "a face" to the effect of my actions?

The bench of my park/The toilet of my school/a boy like me, with my feelings/...what if they did it to me? Would I like it?/Can I "visualize myself" when I am drunk?/Do I like watching a drunk friend who babbles and vomits in front of me? Can I feel someone else's uneasiness if I did it?

Extraneousnessof the object of my bullying

I insult who is weaker than me because I do not "feel" him as an "alter ego", another "me"! I write walls, break things, throw everything in the street because i don't "feel" the city as my home, Where I would never do it!

Lack of empathy

THE OVERALL S THAT MAKES YOU FEEL HOW IT FEELS TO BE 75 AND OVER

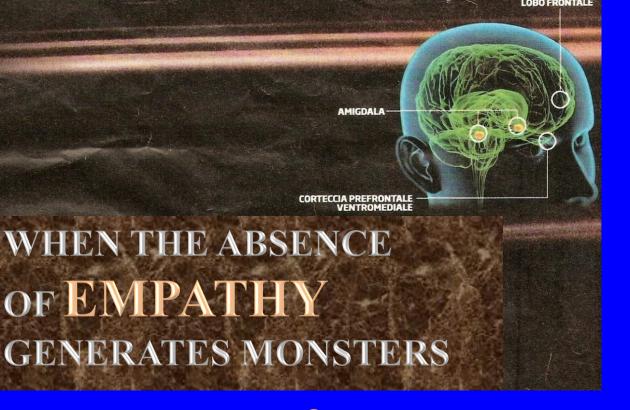
A kind of armour has been developed that weighs down the body, obscures the view, stiffen the joints...its purpose? Explain geriatrics students the condition of their future patients.

What is empathy?



Put yourself into someone else's shoes

In medecine, empathy is considered a key element of the medical cure since it permits the doctor to understand the feelings and sufferings of the patient.



The absence of empathy seems to be co-responsible for all forms of lack of respect to the others, from simple bullying to the most brutal crimes.

Can we become ... empathetic?

Researchers think so... Some school programs in Canada and the UK encourage projects to tackle bullying, to ensure that students should ask themselves what someone more vulnerable than them might feel. Since the phenomenon of youth distress is really worrying, forms of Peer Tutoring are being experimented to encorage the development of empathy, active citizenship, sense of belonging, through the example among peers.



Bad examples...

The discovery of mirror neurons highlights the biological mechanism at the basis of social behaviour: we learn by "imitation"...

"Smile is contagious", if you want others to smile, you have to smile. If you feel negative, you also affect the mood of those you are in contact with. Similarly, examples of behaviour of lack of respect for people and things easily and rapidly spread among the others.



This explains the attitude of "branco" imitation and the increase of teens transgression, which is likely to go towards a spiral growth in the absence of new strategies by the people in charge of the education of teens, whose personality is forged through learning continuously from the observation and imitation of others' behavior.



The role of peers, in the absence of strong reference roles (as it is now happening with the crisis of family), is crucial, in good as in bad.

The experimentation of failure

Low self esteem

Negative expectations

Negative self-evaluation

Anxiety and lack of commitment



Failure of performance



A powerful motivational spring is the experimentation of success.

The more a teen experiences the failure of his efforts, the less motivated he will be to make other efforts to reach his goals, feeling incapable of acting on reality



Who does not remember the pleasure felt at that "bravo" that changes your life, the satisfaction of solving a problem, the sense of securuty given by people who trust you?





How many times the choice of a life path depends just on that success!

Develop life skills!

Be in charge of the role of "tutor", help a peer in recovering school deficiencies, do voluntary activities increase self-esteem, the capacity of solving problems, make decisions, relate effectively with others, help

- learn to evaluate the effect of your actions
- ◆ reduce the extraneousness of people and things
- develop empathy
- offer yourself as an example
- ← feel important, thus experience success

competences required nowadays also by the labour market.

WHICH COMPETENCES ARE WORTH A JOB?

Life skills are worth more than tecnical ones
Team working and independent performing assigned tasks are the most requested skills.
Less relevant IT, language and administrative skills

For scientific, intellectual, tecnical jobs

Ability to cope with problems (57%)

Ability to manage relationships with customers (53%)

Social and communication skills (51%)

IT competence (36%)

For labour jobs

Manual skills (71%)

Ability to work autonomously (48%)

Ability to cope with problems (41%)

Creative skills (17%)

Source: Unioncamere-Excelsior Report 2012

The role of school: A proposal for action

The vocational Tecnical High School Casagrande Cesi, in partnership with **Terni Rotary Club and networking** with local authorities and voluntary associations has managed a project for three years now, whose purpose is limit youth distress and involve students in a series of positive activities aimed at the promotion of life skills

The school context

IIS Casagrande Cesi 1.300 students

Bosco branch

Percentage of foreign students: 16% out of the total (national/Municipality of 8%-regional 13% - 18 different ethnic groups are present in the school.

Percentage of disabled students: 6% (Professional) 2% (Tecnical) vs.2% regional / national.





V.le Trieste Main Premises

As we see from data it is a very challenging school context, which compels the school to develop a series of strategies for the integration of students and the creation of a feeling of belonging and sharing of common objectives.

The project

Tutoring first classes

The new children are welcomed by a group of tutors who follows and helps, them along the school year.

Objective: research of behavioural strategies among peers aimed at improving the quality of life in the school, increasing youth values, promoting behaviors of correctness and respect,, favour the development of self esteem and leadership, social skills, ability to face and solve problems and make choices



PROGETTO I RAGAZZI DELLE PRIME CLASSI DEL 'CESI' SARANNO AFFIANCATI PER TUTTO L'ANNO DAI TUTOR

Territorio e scuola «alleati» nella formazione dei giovani

OGGL alle 11. all'Auditorium 'Falcone e Borsellino' di largo Paolucci (via Trie-ste) l'Istituto 'Casagrande Cesi' e il Rotary Club di Terni presenteranno uffi-cialmente un nuovo progetto, che nasce dal connubio tra la lunga esperienza

coetanei e sviluppino in loro qualità di leadership, senso di responsabilità civica e crescita personale. I ragazzi di ciascuna delle dieci prime classi saranno affiancaco, da un gruppo di 'tutor'; studenti più grandi che seguono i loro compagni più piccoli nel corso dell'anno attuando stra-

co con interventi pomeridiani di suppor-to agli studi. «Queste attività — afferma no a molti ragazzi dotati di buone compe

scuola sembra attraversare una fase di dalla apparentemente innocua 'Internet-

All'istituto superiore "Cesi-Casagrande" parte un progetto pilota sponsorizzato dal Rotary Club

Studenti tutor per aiutare le matricole

Al Casagrande-Cesi trovano i "tutor"

TERNI - Al via il nuovo anno sculastico al Casagrande-Ce si, che apre i battenti il 6 net tembre con la consorta fest di accoglienza per le "matrico le" delle prime classi. Cos una novitic i ragazzi di ciasco ranno affiancati per tutto l'an no scolastico da un gruppo i che, oltre a dare lom il benve nuto d'uso al grande radur niziale della scuola, seguine no i loro cornosumi più pacco attuando strategie di osservi elo, spesso causato da attessimenti da "bulli" di pochi com pagni prepotenti. Il progetti strivato dal Casagrande-Cesi in partenariato con il Rotar di Terri, mira, attraverso que sta forma di volontariato atti vo, a sviluppare tra i sugara prio questa qualità. Il "Prestoring" permette inoltre molti raguzzi dotati di buon competenze acolastiche di ren derni utili ai più fragili, met trado allo straso tempo alla prova le proprie capiacità tuto riais e sviluppando senso o appartmenta, doti empetici

e competenze relazionali

L'iniziativa

TOPANT Standarder in part la generatione del finalezio e promcoloratione de prima i proprieto socie de conso di entenere e sui dell'archivo del proprieto produce del proprieto produce del proprieto produce del proprieto produce del produce del

to the proor due has not offered and have offered and hav

L'iniziativa è promossa dal Rotary club di Terni

Successo per il progetto degli studenti tutor

la responsabilizzazione dei giovani contro i valori distorti della società



compagni alla prima esperienza scolastica. Un cammino verso la crescita, dunque, attraverso pomeridiani di sostegno agli

me classi di trasformarsi in tutor esperti per poter interagire e se-

Rotary di Terni, e Giuseppe Metastasio, preside dell'isti

da valori non proprio adegua fino a giungere a vere deviazio

Support in studies
The tutors provide their
competence to help
mates in the subjects
where they encounter
more difficulties!

Objective: find teaching strategies among peers for the retrieval of knowledge, the promotion of school success, the increase of self efficacy and leadership







When the best teacher is your school mate

It is called peer tutoring: a pupils' own agers or slightly older help others in their studies with mutual benefit both for learning and for the social skills. A UK research (University of Durham) reports the results of a large scale experiment, defining this method as the support strategy of the future and suggesting its adoption on a national scale



Voluntary activities

Objective:
experimentation of
volunteering for the
development of
empathy
and the promotion of
the value of solidarity
networking with local
associations.



Canteen service with Caritas-S.Martino

Homework support for dyslexic children-APAV



Blood donors group-AVIS

Supporto a ragazzi disabili-U.N.I.T.A.L.S.I





Support service at the pediatric department of the hospital

Flea market to collect funds for international distance adoptions





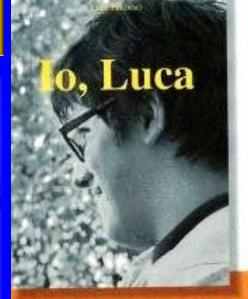








Luca, Lorenzo, Francesco: a great friendship born at school...









"IO, LUCA"

DI LUCA PECORARI



Relatori Serena Brascugli

Giornalista del Corriere dell'Umbria

Alessandro Delis

Cooredattore del libro "lo: Luca"

Luca Pecorari

Autore del libro

Giovanni Tasca

ideatore del libro "lo, Luca"

When disability becomes a challenge...

Sabato 11 maggio 2013 ore 17.30 Biblioteca Comunale di Sangemini

IT course for

"Over 50" **Objective:**





Reduce the generational and tecnological gap between young and old generations; Provide core information tecnology knowledge to "Over 50s"











Activities for the environment and health protection

Raccolta differenziata "Eco schools' net" separate collection/"Let's Clean the world!" with Legambiente/"Operation Clean Schools" Feast of trees/ Group Ecotutor/Blogs and Facebook pages for the involvement of peers at local level.

Objective: development of ecofriendly attitudes and behaviours; research for strategies among peers for the propmotion of respect of the environment and nature



P2P training: the senior tutors Transfer of skills learned in residential meetings organized by ASL4 on life skills and peer education



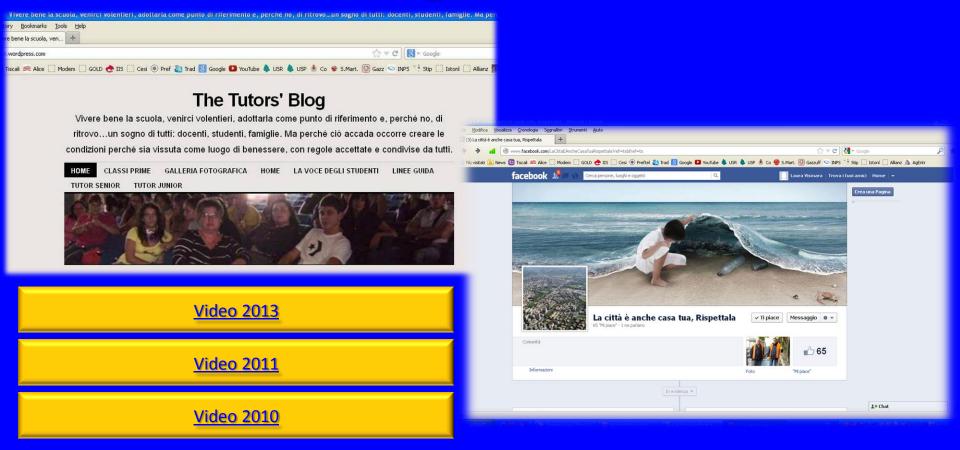




Tutor 2.0: the web as an engine for the dissemination of the group ideas

The tutors manage a blog and have created a series of pages on Facebook, such as "The town is yours too, respect it!". The documentation of the phases of implementation of the project has been structured in movies like this, which have been published on Youtube. To see them, go to the school site, menu on the right.

Lnx.casagrande-cesi.it



The project involves an average of 250/300 students a year (that is, about 20% of the school population) engaged in the various activities; about 30 teachers of all subjects. The results of the first three years may be summed up as follows:

- the increase of the number of children involved, especially of the students engaged in the support (about 100) and voluntary (more than 100) activities
- The change of the school atmosphere, with the control of bullying, which is conversely quantifiable with difficulty, since it is a hidden phenomenon and may be modified only if teachers are helped and supported by students, with the implementation of strategies of disqualification of the deviant behaviour and the joint creation of a positive value atmosphere.

The impact on selection rates which have been significantly reduced (although many other factors not related to the project contribute to this reduction), especially during the latest year, 12/13 which is also the year of better implementation of the project.

	I Casag	I Cesi	II Casag	II Cesi	III Casag	III Cesi	IV Casag	IV Cesi
Failure rates 10/11	37%	10%	19%	12%	14%	17%	14%	4%
Failure rates 11/12	27%	13,7%	16%	12,3%	2%	11,6%	10%	2%
Failure rates 12/13	17%	6%	9%	2%	7%	11,76%	8%	4%

The failure rate of the school has passed from 16% (10/11) to 12% (11/12) to 7% (12/13)



The possibility of creating a model transferable at international level by means of the Leonardo project "P2P"

Links and connections- Line Committes

Formal involvement of local associations related to the project for the creation of an institutional network





Rotary Club of Terni (official partner of the project) and Rotaract / School **Umbria Regional Education** Authority/ Terni Province Education Authority / Students' Council-Terni/ **Department of Education Province -**City of Terni/ Chamber of Commerce/ ASL4 Terni/Caritas Terni-Narni – Amelia-Ass.S.Martino/ Unitalsi/C.I.F (Centro Italiano femminile)- Association I Pagliacci/ APAV (Association Flying Words)/ **AEDE (European Teachers'** association)/ Legambiente

Terni/Avis (Blood Donors

Association)









Final meeting for the third year of the project





Via libera al progetto di educazione "Peer Tutoring"

TERNI - Educare alla solidarietà si ficoltà in attività pomeridiane di

può. E l'effetto è senza dubbio più studio, all'assistenza a turno nel garantito se ai ragazzi si affiancano, servizio mensa della Caritas, oppuin qualità di "educatori", i loro coe- re l'attività di socializzazione per tanei. Si basa su questo principio il ragazzi disabili e l'aiuto nei compiprogetto "Peer Tutoring" attuato ti a bambini stranieri e ragazzi didall'istituto Cesi-Casagrande in slessici. Fino alla formazione di un partenariato con il Rotary club di gruppo di giovani donatori di san-Terni e condotto in stretta collabo- que con l'Avis, «In un momento razione con alcune delle maggiori storico di grande crisi valoriale coassociazioni di volontariato del ter- me questo - ha spiegato Laura Vismara, referente del progetto - i no-Il progetto accoglie le adesioni di stri giovani sono lasciati sempre quanti tra i giovani desiderano met- più soli ad affrontare i mille contere a disposizione parte del loro traddittori stimoli di una realtà pertempo libero in un ventaglio di atti- meata dal cattivo esempio, in cui la nale - prosegue - ci rimanda quoti- corretti, se si coglie l'occasione di vità di volontariato. Dall'affianca- famiglia stenta a mantenere il suo dianamente esempi scioccanti di coinvolgere e corresponsabilizzare re e seguire le matricole delle prime ruolo formativo e in cui la scuola è



trasgressione giovanile, fatti di bulcontro tra giovani e territorio. Può delle autorità.

esempi di ragazzi pronti a spendere zione. Questo - conclude - è il mesil loro tempo nel volontariato atti- saggio forte che esce dal nostro provo, dedicare le loro forze a sostene- getto che si spera molti altri istituti re quanti sono meno fortunati o più scolastici vogliano attivare». L'inideboli di loro. La scuola può molto ziativa è stata presentata nei giorni dice ancora la Vismara - soprattut- scorsi all'istituto Casagrande nel to se si propone come punto di in- corso di un convegno alla presenza

classi o sostenere i compagni in dif- sempre più spesso chiamata a farne lismo, cyber bullismo e vandali- più importante della loro vita, si smo. Ma i giovani non sono solo cresce nell'unità e nella solidarietà, questi, ci sono centinaia di contro- non nella divisione e contrapposi-

Il Messaggero

Da bulli a volontari la rinascita dei ragazzi

per le azioni rieducative



LA VOCE Terni. Narni. Amelia

stituto Cesi - Casagrande. Volontariato per gli studenti, una sfida educativa

a carità "rieduca" i giovani



Il Messaggero

Scuola, recuperi autogestiti dai ragazzi: stop alle insufficienze

►Ottima esperienza al Casagrande: gli studenti migliori aiutano gli altri

-È BELLO VEDERE

Quando il volontariato aiuta a crescere: l'esperienza del "Casagrande-Cesi"

Il Messaggero.it





UMBRIA 24

Lunedì 3 Giugno 2013 - Aggiornato alle 16:50

Home Cronaca Attualità Politica Economia Cultura Sport Cine MI CALDI: Crisi Perugiassisi 2019 <u>Inchiesta Diocesi Terni</u> Omicidio Via Ricci Omicidio Marsci

TTA': Perugia Terni Spoleto Orvieto Città Di Castello Foligno Assisi Città Della Pieve N

maggio 2013 Ultimo aggiornamento alle 09:47

lerni, 'Peer tutoring', un progetto per fare della cuola un'autentica palestra di vita

La scuola può fare molto - spiega Laura Vismara - soprattutto se si propone come punto



di Francesca Torricelli

È proprio vero che le piccole cose fanno le grandi differenze. E all'istituto 'Casagrande Cesi' di Terni, le hanno fatte veramente le grandi differenze. Mercoledi mattina, nell'auditorium dell'istituto, si è tenuto il convegno 'Educare alla solidarietà... si può' a siglare il traguardo del terzo anno di realizzazione del progetto "Peer tutoring". delle maggiori associazioni di volontariato del territorio.



